

# Problem bingo

How problematic are you?



Fake Friends 

Jealous 

Can't stop saying "like" 

Can't stay still

Eats too much

Always depressed 

Gets bullied 

Not open to change


Picky 

Can't stop getting sick 

Anxiety 

Chews/ bites nails

Free space 


Lonely 

Has nightmares 

ADHD 

Eats too little

Has a depressing playlist 

Couch potato 

Has insomnia 

Wishes you were someone else 

Obsesses over random things 

Gender dysphoria 

Uses self h@rm 

Pick me 